

Summary

For the adrenaline junkies amongst you, Belize has some seriously exciting, action-packed excursions, offering great diversity and exhilaration.

The Adrenaline Addict itinerary combines time in the jungle with time on the beach on Ambergris Caye in the Northern Cayes, just beside the second largest barrier reef in the world.

Not for the faint hearted, highlights of the itinerary include, trekking through the jungle, clambering through caves, rappelling into sink holes, horseback riding, night-time snorkelling, and hanging out with sharks. For serious divers, you can also dive the world famous Blue Hole and witness one of the planet's greatest natural wonders.

Hammocks and spa-treatments are always on hand in case you need to catch your breath or ease aching muscles in between adventures.



Day 1 – Arrive and transfer

Arrive and transfer to Ian Anderson's Caves Branch Jungle Lodge, a 58,000 acre estate that lies beneath a 100 foot rainforest canopy and set alongside the turquoise waters of the Caves Branch river. You will be staying in the Treehouse Suite, which is hidden in the trees and raised up to 20 feet off the ground, providing a perfect perch to look down at the river below. Explore the botanical gardens on site or relax in the Jacuzzi as you anticipate the adventures to come...

Day 2 – Welcome to the jungle

Venture out for the day into the pristine jungle with your local bushmen guides. Learn many of the secrets that the jungle holds: natural medicines, herbs, barks and many plants that are still used today by natural healers throughout Central America. Ancient ruins, burial sites and altars lurk below the shadows as you trek through areas few have ever seen. Explore the Blue Hole River as it surges from below a 250ft cliff and take the opportunity for a refreshing dip in its aqua blue waters.

Day 3 – Black Hole Drop

This expedition starts off with an energetic hike into the foothills of the Maya Mountains to the spectacular Actun Loch Tunich sinkhole, a vast 300 feet collapsed limestone cave.

Once at the edge of the abyss and securely harnessed into your rigging, you rappel to the bottom, observing the rock formations and the spectacular rainforest canopy on the way, a breathtaking and exhilarating experience. Stop for lunch, then it's off to explore the jungle and caves before you make your way back up the mountainous terrain to return to base.

Day 4 - Explore the underworld

Belize boasts the largest cave network in all of Central America. A breathtaking and unforgettable way to experience them is with a visit the ATM (Actun Tunichil Muknal) Caves.

After a brisk mile hike through the jungle spotting wildlife along the way, you plunge into the cool water of the cave mouth. From there you climb, crawl and scramble through dark caverns, discovering Mayan artifacts, drawings and even skeletons over 1,000 years old. With myriad exposed treasures, including around 200 ceramic vessels and the skeletal remains of 14 humans, all believed to be sacrificial victims, it is widely thought that it won't be long before the ATM is closed to the public.





Day 5 – Horseback riding

Horseback riding in Belize is extremely professional, with experienced guides and well cared for animals. Catering to all capabilities, horse riding in Belize can take you off the beaten track to some of the most secluded and spectacular destinations.

Begin the day with a ride through the jungle to the village of Roaring Creek and explore a seldom-visited cave, where you'll see ancient Mayan artifacts and treasures. Break for lunch at a secret swimming hole (be sure to take your swimming suit!). The water is crystal clear so you can also enjoy some time to fresh water snorkel. Ride back through orange orchards and farms and let loose for a gallop in the expansive fields for a fantastic adrenaline rush.



Day 6 –Nighttime snorkel

Transfer to the spectacular waters and white beaches of the Northern Cayes. Arrive at your chosen resort and unwind... but not for long!

A night dive or snorkel off Ambergris Caye is not to be missed – view the nocturnal creatures of the underwater world and witness them flashing their bioluminescence., where hundreds of species of fish and invertebrates use chemicals within their bodies to produce light. Their flashing colors produce a light show that could rival the Aurora Borealis!



Day 7 – Catch and cook ‘survival’ lunch (option Blue Hole dive)

Spend a the morning out on the water snorkeling, fishing and spear fishing with your guide for snapper, lobster (when in season), conch and perhaps a barracuda. Return to the beach and get the fire pit started using coconut husks. Clean and prepare your catch, then enjoy the fruits of your labour under a coconut tree with an icy cold Belikin beer. It doesn't come fresher or taste better than that!



Day 8 – Hang out with the sharks.... And relax

Set sail for the day on a catamaran and snorkel at Hol Chan Marine Reserve, swimming amongst beautiful shoals of tropical fish, turtles, eagle rays, stingrays, moray eels and grouper.

Follow this with a dip at Shark Ray Alley, a site where local fishermen used to clean their catch, which attracted more carnivorous species such as big southern stingrays and nurse sharks. Also look out for yellowtail snapper, parrotfish, sergeant majors and french angelfish in amongst the coral.



Kick back and enjoy the sail to the sister island of Caye Caulker and relax in one of the sleepy waterfront restaurants, or explore the local art shops, before a leisurely sail back to Ambergris Caye.

Day 9 - Depart

Itinerary Price and Notes

Price from US \$2,040 per person including all outlined activities, taxes and transfers, on the basis of 4 travelers.

Room rates are all inclusive, including unlimited alcoholic beverages at Ian Anderson's Caves Branch and accommodation on Ambergris Caye is based on 2 sharing on a room only basis in a Sea Breeze Bungalow at Mata Chica. Price does not include airfare, scuba diving, spa treatments or additional activities not listed on itinerary. Supplement of US \$200 for optional Blue Hole Diving on Day 7.

Tailor made for you

This is our recommendation for the duration and locations for the itinerary and serves as a guide to things to see and do in Belize, as well as a guide on price.

It is, of course, fully flexible. It can be expanded or condensed, can include time in Guatemala, time in a beach resort or on a private island. We can also incorporate specialist activities such as diving and deep-sea fishing.

At Absolute Belize, we pride ourselves on crafting vacations that are as unique as the people taking them. Tell us what you'd like to see and do, your preferred style of accommodation and the tempo you'd like to set, and your personal advisor will tailor make something just for you.

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Contact us

For questions on Adrenaline Addict or any of our Tailor Made Travel itineraries please get in touch:

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